



# Karate

All Saints Centre Huthwaite

Frederick Gent School South Normanton

EVERYONE WELCOME - MINIMUM AGE 8

**Karate**  
**Tuesdays & Fridays**  
**South Normanton 7.30-9.00**  
**Thursdays**  
**Huthwaite 7.00-8.30**  
£5.50 Seniors  
£3.50 Juniors

**Save money monthly subscriptions available**

All members have an internationally recognised licence which also covers them with insurance.

All instructors are National Association Sports Coaches and members of the Amateur Martial Association.

FOR FURTHER INFORMATION CONTACT

Dave Hague 6th Dan

Tel: 01623 516192

Email: [Dave@goldenvalleykarate.co.uk](mailto:Dave@goldenvalleykarate.co.uk)  
<http://www.goldenvalleykarate.co.uk>



# Karate

All Saints Centre Huthwaite

Frederick Gent School South Normanton

EVERYONE WELCOME - MINIMUM AGE 8

**Karate**  
**Tuesdays & Fridays**  
**South Normanton 7.30-9.00**  
**Thursdays**  
**Huthwaite 7.00-8.30**  
£5.50 Seniors  
£3.50 Juniors

**Save money monthly subscriptions available**

All members have an internationally recognised licence which also covers them with insurance.

All instructors are National Association Sports Coaches and members of the Amateur Martial Association.

FOR FURTHER INFORMATION CONTACT

Dave Hague 6th Dan

Tel: 01623 516192

Email: [Dave@goldenvalleykarate.co.uk](mailto:Dave@goldenvalleykarate.co.uk)  
<http://www.goldenvalleykarate.co.uk>